



# The K-Isan Institute

*“No Give Up”*

**KOGA METHOD  
ARREST & CONTROL INSTRUCTOR  
DEVELOPMENT COURSE (ACT)  
P.O.S.T Control # 1080-20795-20-001**

**FEBRUARY 21-25, 2022 – 8:00 AM – 5:00 PM Daily**  
**Bakersfield Training Building**  
4646 California Ave  
Bakersfield, CA 93309

### Course Description

Designed to equip Instructors to deliver training on a variety of arrest and control techniques (ACT) methods. Instruction focuses upon the "KOGA METHOD" of ACT and encompasses training related to prevailing use of force law, methods of instruction (Train the Trainer), law enforcement defensive concepts, civil liability considerations, footwork and balance, safety management during training. Use of Force: specifically, Case Law and updated legislative content of Penal Code Section 835a. A variety of specific arrest control methods including cursory searches, standing searches, prone searches, control holds, handcuffing techniques, controlling subjects on the ground, multi officer takedown and single officer takedowns.

The class includes 4-hour lecture on the Koga Method, a written and physical performance test will be administered on the last day of class. Those who pass both tests will be provided a certificate allowing them to instruct in the Koga Method.

#### Course Materials

Please bring a notebook, pen, workout clothes, handcuffs and key.

#### Registration Instructions

Register with the K-Isan Institute via email or phone  
855-NoGiveUp (855-664-4838)  
KIsan@KIsanInstitute.com

#### Fees

\$500 to be paid by check, credit card or department invoice.

### Instructor

Course taught by Robert Mendiola, retired police Sergeant with the San Jose Police Department. Robert has been teaching the Koga method since 1985 and was the lead instructor at SJPD and the Koga Institute.

Hosted by Bakersfield Police Department